

Varithena Pre-Procedure Instructions

- Increase your fluid intake 24 hours prior to your procedure
- Eat a light breakfast the morning of your procedure.
- Arrange for someone to drive you to and from the procedure.
- Please arrive 30 minutes prior to your scheduled procedure time
- Please note that procedure time may change slightly the day prior to your scheduled procedure
- If you have compression stockings, please bring them with you the day of the procedure.