

Venous Ablation Pre-Procedure Instructions

- Increase your fluid intake 24 hours prior to your procedure
- Eat a light breakfast the morning of your procedure. Drink at least 1-2 glasses of water the morning of the procedure.
- Arrange for someone to drive you to and from the procedure.
- Be sure to have your pre-procedure ultrasound scheduled prior to your procedure; and your follow up ultrasound 2-5 days after your procedure.
- Please bring your Valium prescription with you to your procedure. The physician will direct you when it is time to take it
- Please arrive 1 hour prior to your scheduled procedure time. (example: if your procedure is at 8:30am, you will need to arrive at 7:30am)
- Please note that procedure & arrival time will be provided to you at the day of your pre-ultrasound.
- *** **Be sure to fill Valium Rx within 30 days of the issue date*****