

# How Soon after COVID-19 Exposure Should I Get Tested?

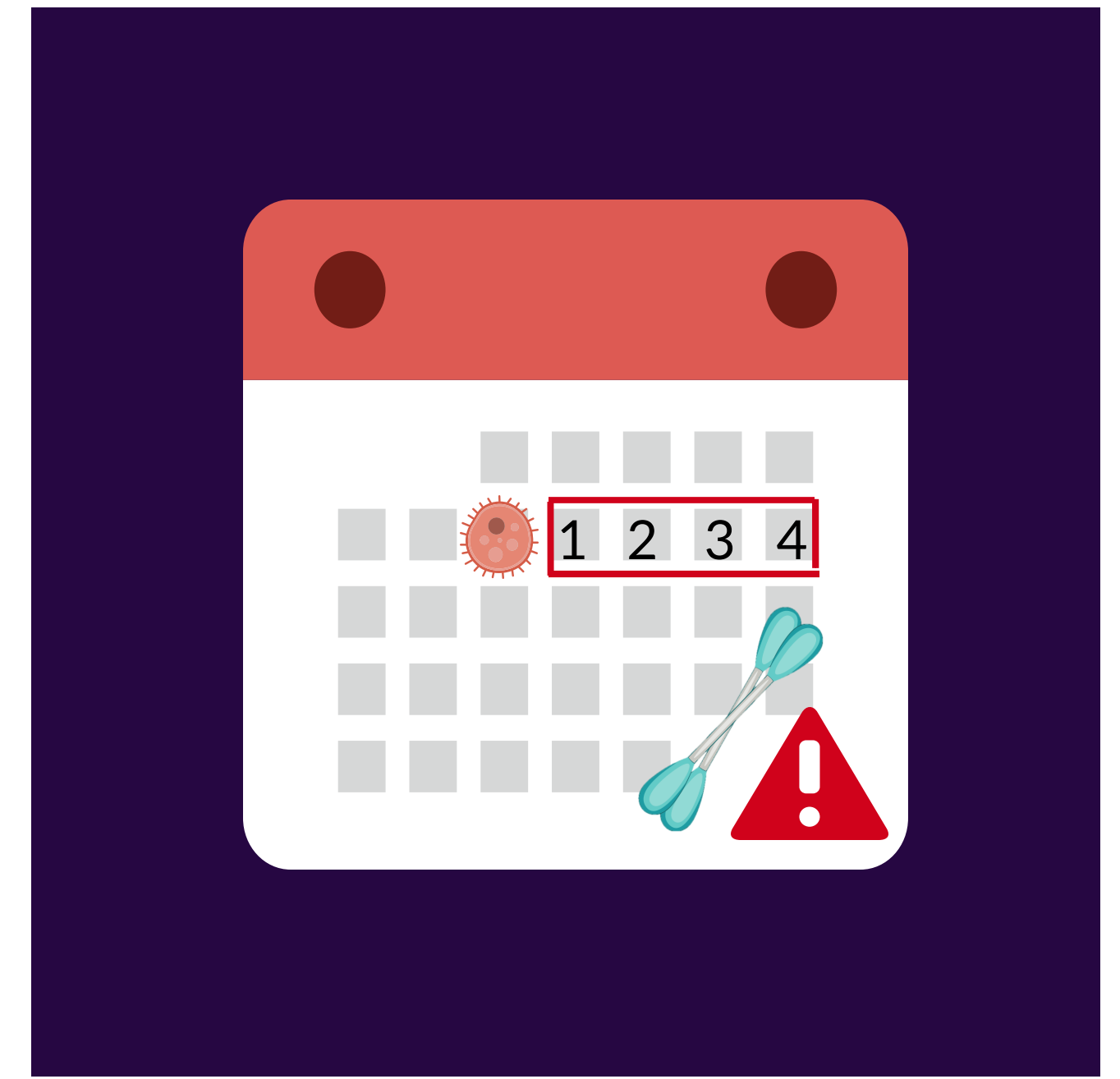
Exposed to COVID-19?



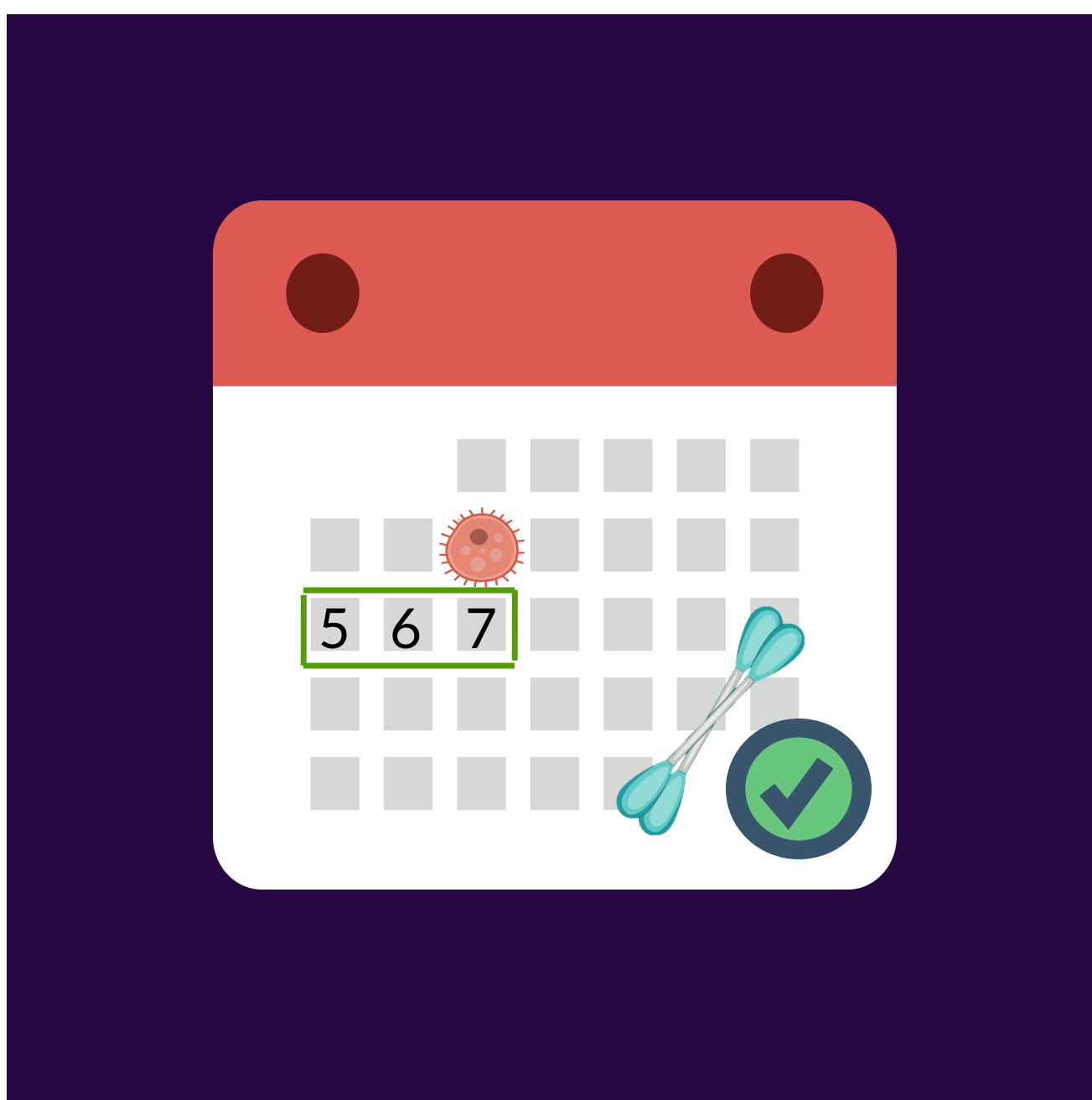
You may want to get tested...



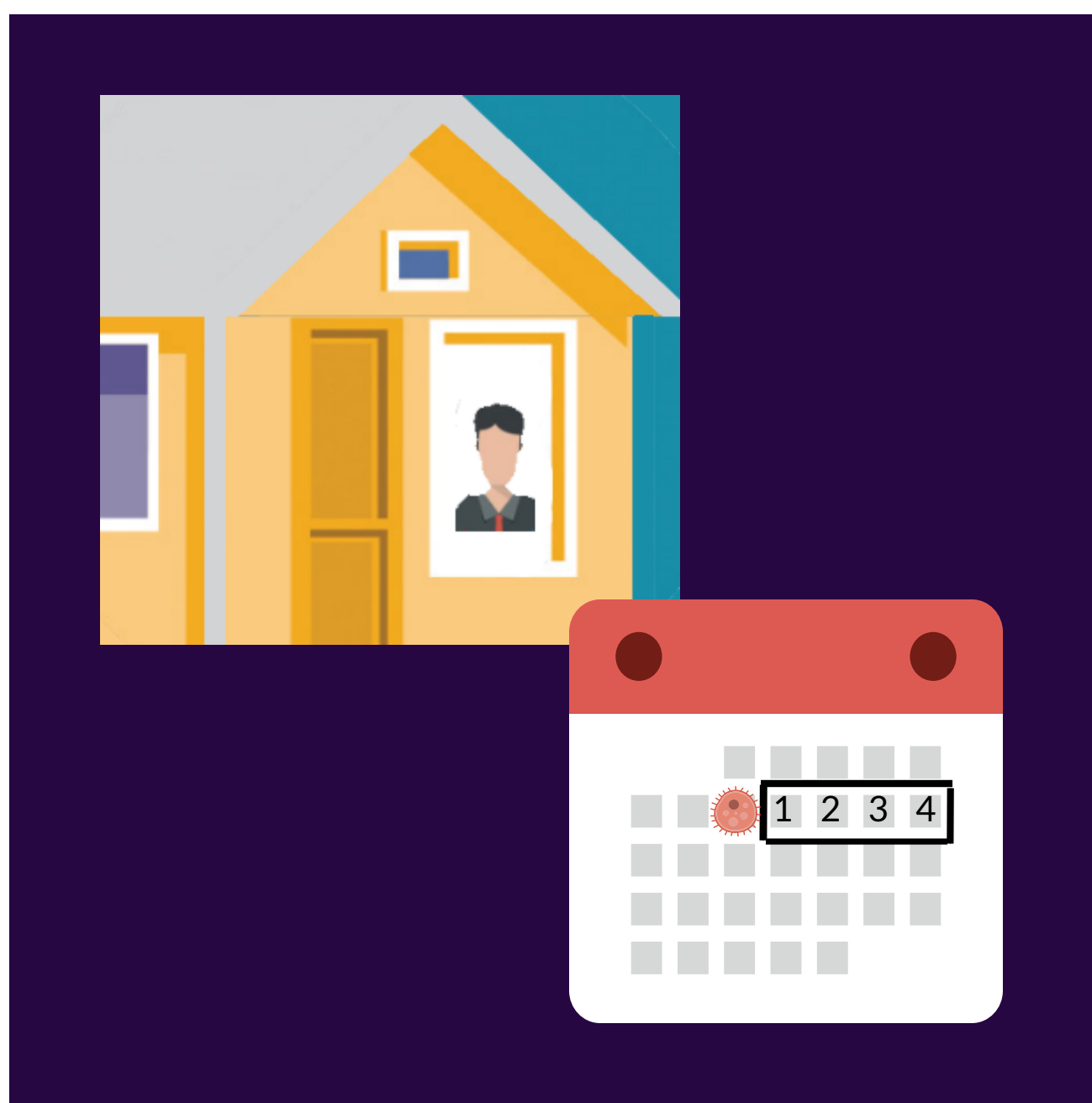
But don't get tested too soon! Your result may not be accurate.



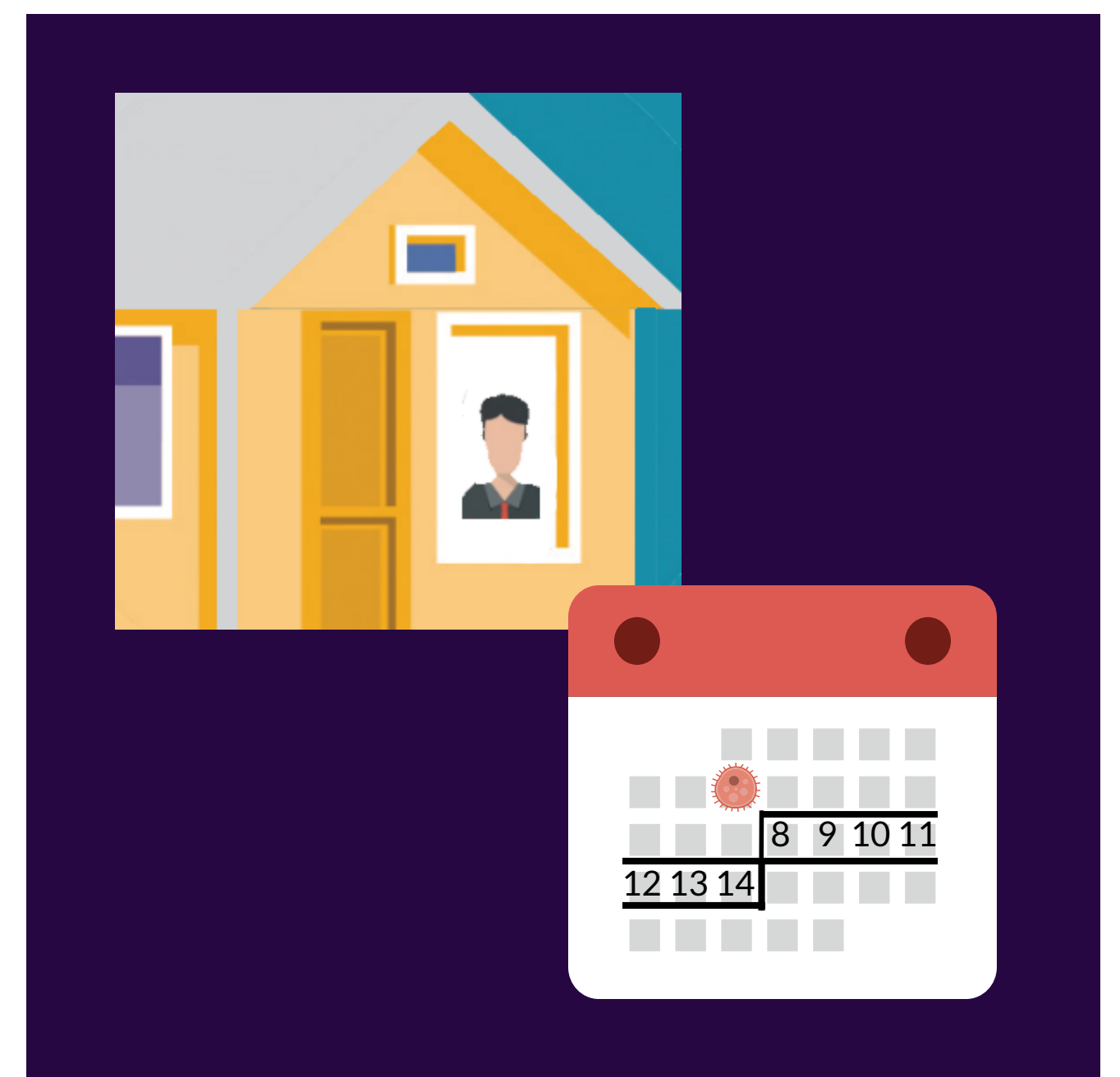
Wait 5-7 days after being exposed to COVID-19 to get tested.



While you wait to get tested, quarantine at home and stay away from others.



After testing, quarantine at home and stay away from others while awaiting results.



If you test negative, you will continue to quarantine for 14 days after being exposed. If you test positive, you will isolate for 10 days after getting tested. For more information, see ["How Long Do I Need to Stay in COVID-19 Isolation or Quarantine?"](#)

