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**PRE-CARDIAC INTERVENTIONAL PROCEDURE**  
**PATIENT INSTRUCTIONS**

**PRE-TESTING**

- **Coumadin/Xarelto/dabigatran etexilate/Eliquis/Savaysa patients:** You should have been given a stop date. If not, please call the office.
- **Diabetic patients:** Do not take your diabetes medications or insulin the morning of pretesting. You will be permitted to take your medicine/insulin after the blood work has been drawn.
- The hospital will call you to schedule your pre-admission testing.
- During this appointment, you will be interviewed by a nurse, who will review your medical history and medications.
- Bring all medication bottles in a zip lock bag or a detailed list of your medications including dosage and frequency.
- Fasting bloodwork, EKG and CXR may be performed at this appointment.
- HCA will contact your insurance for pre-authorization. If a referral is required, we will fax a referral request to your primary care physician with all the necessary information.

**BEFORE THE PROCEDURE**

- Drink plenty of water the day before your test as you need to be well hydrated. If you are on fluid restriction (ordered by a physician) due to a medical condition, please inform HCA immediately.
- **No solid food or drink after midnight** including gum or candy. You may take your usual medications with a sip of water the morning of the procedure. (Except diabetes medications or insulin, see below).
- **If your arrival time is 12:00 pm or later:** You may have clear liquids up to 6 hours prior to your arrival time. Clear liquids include apple juice, chicken broth, popsicles (no red), jello (no red), ginger ale.
- You **CAN NOT** drive yourself the day of your procedure.
- If you develop symptoms of a cold, flu or fever or if you have been exposed to any communicable diseases (chicken pox, shingles, mumps, measles or tuberculosis) since your preadmission visit, immediately notify us.
- Be prepared to stay overnight as there is always a possibility you will be admitted following your procedure. If you are discharged the same day, you **MUST** have someone to stay with you that night.

# **PRE-CARDIAC INTERVENTIONAL PROCEDURE** **PATIENT INSTRUCTIONS**

## **MEDICATIONS**

- Take prescribed pre-procedure medications as instructed (see below).
- **HOLD the morning of your test/procedure:** Metformin, Glucophage, Glucovance, Avandamet, Janumet, Actoplus, Metaglip, Fortamet, Synjardy XR, Tjardy XR, Invokamet , Xigduo (or any medication containing **Metformin**)
- **Coumadin/Xarelto/ dabigatran etexilate /Eliquis/Savaysa patients:** You should have been given a stop date. If not please call the office.

## **ALLERGIES: FOR PATIENTS WITH IVP DYE, SHELLFISH OR IODINE ALLERGY**

- Prednisone 50mg 13 hours before your test.
- Prednisone 50mg 7 hour before your test.
- Prednisone 50mg 1 hour before your test
- Diphenhydramine (Benadryl) 25 mg (available over the counter at your pharmacy) two tabs the evening prior to the procedure

## **BLOODWORK**

- All patients must have blood work within 30 days prior to the test to check your kidney function
- Depending on the results of your blood work, you may require hydration (intravenous fluids) prior to your test or a possible consult with a nephrologist.

**If you have any questions, please contact the procedure department at 609-584-1212 ext 5707.**